

KAPPA KAPERS



The Virginia State Organization Delta Kappa Gamma Society International

Kappa Chapter - Blue Ridge Coordinating Council

March 2024 Newsletter

President's Message....

Hello Kappa members,

I hope this message finds you well and that you are enjoying our lovely weather. It seems like winter is flying by and soon we will be seeing buds on the trees and flowers blooming. I love the new beginnings that come with springtime.

I hope everyone completed the Healthy Chapter survey. As the State Membership Committee looks at the results, I will report back on any conclusions we can derive. Remember, our goal is to improve new membership and retain current members. Kappa must do our part to help DKG thrive and grow. We are at a critical point in our membership numbers. Let's all do our part to help! Invite a friend or two to a meeting or to one of our outings. Share our brochure! If you would like me to reach out to someone, I would be more than happy to do so!

Along these lines, I would like to give a big shout out to Susan Schuckman for making sure Kappa is always in the news. Susan consistently submits news articles to the Harrisonburg newspaper. This is just another way more people are able to learn about our organization. Thank you Susan for all you do!

I want to extend a huge congratulations to Cassy Maxton-Whitacre! Scarlett and I thoroughly enjoyed watching *Sympathy Jones* which was directed by Cassy. Cassy is also a recipient of a DKG State scholarship! Way to go Cassy! Kappa is very proud of you!

Our next chapter meeting will be held at Wilson Memorial High School on March 19th at 6pm. We look forward to a wonderful program provided by author Nadine James entitled *Memoirs Your Way*. Nadine will share the many ways everyone can create their own personal memoir. Everyone in attendance will also receive a journal. This meeting will be virtual, so be sure to tune in via zoom if you are unable to attend in person. Don't forget to bring your contributions for the journey bags as we will also be assembling them after our program.

Take care and I look forward to seeing everyone on March 19th.

Warmest Regards,

Cheryl

What is “Memoir Your Way”?

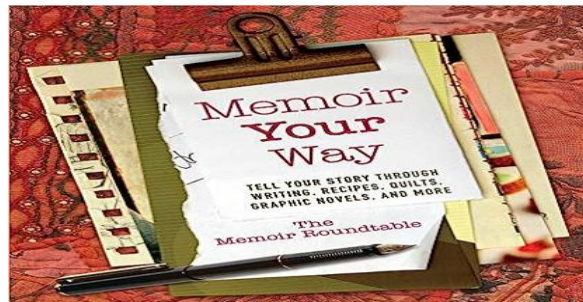
Memoir Your Way inspires family story keepers to create a memoir using a craft you already know or are inspired to learn to create a personal, polished memoir your family will treasure. Accessible and with broad appeal, this first-of-its-kind book extends the written memoir form to cookbooks, scrapbooks, quilts, and other forms of storytelling.

Readers of *Memoir Your Way* will find out how to:

- Create your own family cookbook like a pro.
- Design, stitch, and create studding quilts that preserve family memories for the next generation and create a cherished gift.
- Bring out the natural storyteller in children while building self-confidence and a sense of family.
- Write engaging family stories with proven writing tips.
- Enrich scrapbooks with stories that might otherwise be overlooked and techniques that showcase even the memories that weren't preserved in photographs.
- Turn your story into a graphic novel with hand-drawn illustrations.
- Become the bridge for your heritage between the old world and the new.

Memoir Your Way makes memoir accessible to everyone including those who don't see themselves as writers. *Memoir Your Way* is a valuable sourcebook for quickly and easily creating memories that celebrate family stories and ancestry.

To learn more about our upcoming program, read this overview from Barnes & Noble. Source credit: www.barnesandnoble.com



Nadine James

January Meeting Highlights...

Shawn Smith, State Director of Virginia Medicare Patrol (Virginia Association on Aging), started his two part program with “Can I Trust that email?” He educated us how to recognize scam emails...

- There is a request for action (urgency)
- Sender info doesn't look right (make sure **server name** looks legitimate (ex: customer service @ **amazon.com**)
- Recipient info doesn't look right
- There is not a personal or correct greeting
- Poor grammar

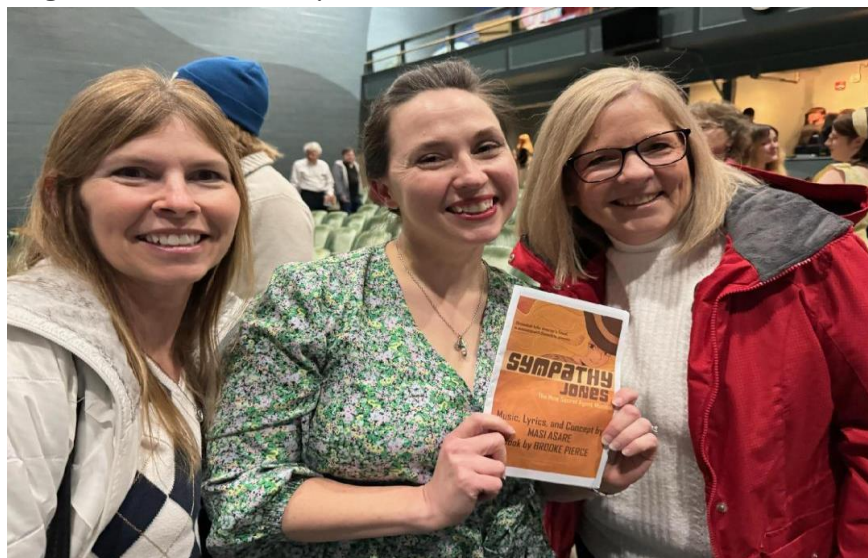
The next segment was on “Medicare Fraud.” He encouraged us not to accept medical equipment we didn't order. He also warned against agreeing to genetic testing unless it has been recommended/approved by your doctor.

We have to prevent, detect and report suspicious activity. Visit WWW.VirginiaSMP.com or call 1-800-938-8885.



Kappa on the Go!!!!

Scarlett Kiser and Cheryl Sams attended the Sunday, January 28th, matinee of *Sympathy Jones* at ShenanArts directed by our own Cassy Maxton-Whitacre. It was very entertaining. Well done, Cassy!



Pictured: Scarlett Sams, Cassy Maxton-Whitacre, Cheryl Sams

Congratulations Cassy!!!!

Cassy has received a scholarship from the Virginia State Organization Delta Kappa Gamma. Kappa is so proud of you and your hard work to earn your master's degree! Congratulations Cassy!



Highlights from Scarlett's Social Studies Classes!!!!

1920's Museum

7th grade students were assigned a person of the 1920's to research. They picked artifacts to associate with their information that would help to explain the person's contribution and importance. The project then shifted to English classes where students were supported in writing placards to accompany the artifacts. Students then put it all together in the 1920's Museum Exhibition (Google Slides) and back in history class participated in a gallery walk where they got to teach each other about their famous person. Madeline Poulson and Logan Price even dressed in character (Lanston Hughes and Louis Armstrong respectively).





March

12 - Katherine Martin

28 - Cassy Maxton-Whitacre

April

7 - Scarlett Kiser

7 - Ronda Reames

11 - Stephanie Sebolt

12 - Mary Etta cornett

12 - Emily Petkus

15 - Roxanne OBrien

Care and Concerns

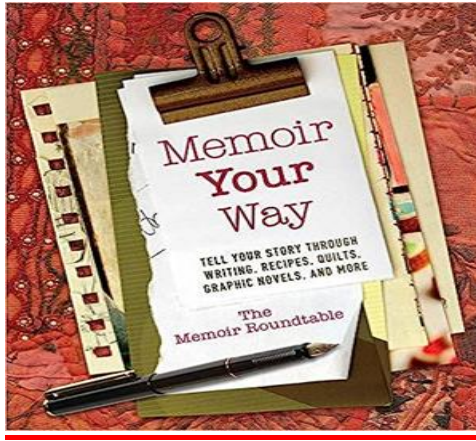
Kristin Quinn is being referred to John Hopkins Hospital in Baltimore, Maryland. UVA Hospital has done all they can and she reports she is still having lots of medical issues. Kappa Chapter Members pray you will find answers very soon!

Dues

Just a reminder Sandy Proctor will be collecting dues at the March 19th meeting. Dues for active members are \$90 for Active Members and \$35 for Reserve Members. Please make your check payable to Kappa. If you want to mail Sandy your dues, her address is 206 Hudson Avenue, Staunton, VA 24401.

Kappa Chapter Officers - 2024-2024

<p>President - Cheryl Sams csamsmathlady@gmail.com Phone - 540-910-1192</p>	<p>First Vice-President - Scarlett Kiser scarlett.kiser@gmail.com Phone - 540-910-0338</p>
<p>Second Vice-President - Julia Van de Water vandewatrij@comcast.net Phone - 540-460-0093</p>	<p>Recording Secretary - Ronda Reames reamesrm@gmail.com Phone - 540-414-5447</p>
<p><u>OPEN OFFICES</u> <u>Corresponding Secretary</u> <u>Parliamentarian</u></p>	<p>Treasurer - Sandy Proctor proctorsk@gmail.com Phone - 540-885-9769</p>



Kappa Chapter March Meeting

March 19, 2024; 6:00 pm

Wilson Memorial High School Room 56 (directions below)

189 Hornet Rd, Fishersville, VA 22939

Program: Nadine James, Alpha Nu Chapter, will share, via Zoom, resources from the book entitled, *Memoir Your Way: Tell Your Story through Writing, Recipes, Quilts, Graphic Novels, and More* Nadine is one of the contributors of this collection of ideas to help create memoirs that celebrate family stories and ancestry.

Assemble Journey Bags: Bring your "Sign-Up Genius" donated items to the meeting.

Dues for 2024-25 can be paid beginning at the March meeting

Hostesses: Susan Doughty, Dee Hoy, Susan Schuckman

Other Important Dates:

VSO Leadership Development Seminar:

April 13, 2024 - University of Virginia at Wise - Wise, VA

Kappa Dinner Meeting

Tuesday, May 7, 2024 6:00 pm

Place: Panera Bread, 1101 Red Top Orchard Rd. Waynesboro, VA 22980

Recognition of Downs-Ryerson Grant-in-Aid recipient

Founder's Day Recognition

Installation of 2024-2026 Officers

July 9-13, 2024: International Convention, National Harbor, MD

Directions for parking at Wilson Memorial High School:

Once on Woodrow Wilson Ave, bear right onto Hornet Rd after passing Wilson Elementary School. Continue on Hornet Rd, passing Wilson Memorial High School on the right. After passing WMHS, take a right between the Rec Center and the WMHS soccer field (immediately across the street from Wilson Middle School). Continue to the back of the high school until you arrive at the staff parking lot at Entrance 24. Enter through Entrance 24. Room 56 will be to your left, on the left.

