

Kappa Kapers

Kappa Chapter of The Delta Kappa Gamma Society International
Blue Ridge Coordinating Council; IOTA State - Virginia
Organized 1941

President's Message

G'day. Greetings to all Kappa members from down under. Our Australia trek has been wonderful. Our time here is coming to an end and there is so much more I would like to see and do. Scenery is breathtaking, the people friendly and interesting, the wildflowers so different and colorful, and the animal life most unique. Kangaroos, wallabies, quokas, camels, echinids, koalas and so many colorful birds. I look forward to sharing my experiences with all of you on my return. See you at the October meeting.



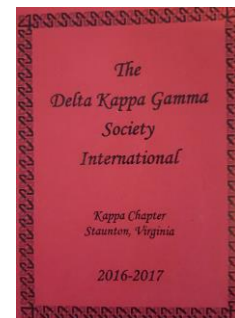
Be sure to use Lynne's new email address, braemhor@gmail.com.

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Please send all yearbook changes to Anne Perdue at adperdue1@gmail.com



Upcoming Meeting

Program Meeting

Tuesday, Oct. 24, 2017

5:30 PM (note different time)

Murphy-Deming College of Health
Sciences - Mary Baldwin University
100 Baldwin Blvd, Fishersville, VA
22939

Hostesses –

Susan Schuckman, Chair

Shelly Moore

Ronda Reames

This will also serve as Blue Ridge
Coordinating Council Meeting.



Hear about and come ready to participate (so dress casually) in the Cancer Boot Camp conducted by Sharon Spalding.

Dues will remain at \$90 this year for active members and \$35 for reserve. Please bring payment to the October meeting or mail to Sandy Proctor (206 Hudson Ave. Staunton, VA 22401) by October 24th.

Return money and unsold tickets for Belk Charity Day.

Return DKG Prospect Cards with names and information about possible Kappa Initiates to Shelly Moore.

DKG Prospect Card	
Name	_____
Address	_____
E-mail	_____
Employer	_____
Position	_____
Phone	_____
Sponsor	_____

Birthdays

Care and Concern

3

Dee Hoy recently had a hip replacement.

October

- 8 Marcia Elliott
- 11 Sarah Nicklas
Margaret Shifflett
- 28 Erika Kancler

November

- 3 Jean Smith
- 19 Christi Almarode



Journey Bags – assembly at November 28th Meeting

Please contact your committee chair if you haven't received a list of items to donate.

Directions for making the Pillowcase...

$\frac{3}{4}$ yd cotton fabric (27" x 41")—Body of pillowcase

$\frac{1}{4}$ yd cotton fabric (9" x 41")—Cuff of pillowcase

3" cotton fabric (3" x 41")—Accent strip

Remove selvege edges of all fabrics. Trim all three pieces so that they are the same width.

Press accent strip (3") in half lengthwise, wrong sides together. Trim to 41", if needed. Pin the folded strip to the right side of body fabric along one 41" side, raw edges together. If your main fabric is directional, consider which end is "up."

Place cuff fabric right side up on work surface (it is not folded at this point). Matching up the 41" edge, put the body of the pillowcase **right side down** on top of the cuff strip. Pin or clip edges together.

Beginning at the lower long edge, roll the body toward the cuff strip. Stop rolling when you reach a point about halfway up the cuff. The upper raw edges should still be aligned together.

Wrap the cuff strip around the rolled pillowcase body to form a tube. Pin the raw edges together, making sure the rolled portion does not get pinned.

Sew the pinned edges together with a $\frac{1}{2}$ " **seam allowance**.

As if you were pulling a sleeve from inside a sweater, pull the pillowcase body from the tube, turning the pillowcase cuff right side out. Unroll the body. All of the seam allowance will be encased within the pillowcase band. Pulling slightly on the cuff, press the cuff flat with seam allowance towards the band. Turn over and repeat on the other side.

Sew a side seam with serger or use a **French seam***. Sew the bottom seam with serger or **French seam***.

* **French seam:** To make a French seam, place the fabric wrong sides together and sew a $\frac{1}{8}$ " seam. Turn and press on the seam with right sides together, then sew a $\frac{3}{8}$ " seam. This will encase the raw edge and give a nice finish to the inside of the case.

Check out Missouri Star Quilt Company's You-Tube video, "Easy Tube Pillow Case Tutorial". There are other You-Tube videos out there, too!!

IOTA State Leadership Academy – June 23-25, 2017

I had the privilege of attending the Iota State Leadership Academy at Randolph Macon College this past June. Of course, I got to meet lots of DKG members and made some new friends. One of my memories was the speakers. They were outstanding and had so much information to offer us. I learned about the importance of the minutes and since I am recording secretary of Kappa Chapter, this helped me to become aware of some of things I wasn't doing correctly.

The parliamentary procedure showed me the purpose of how to complete one item at a time by using various motions. I never knew there were three categories of motions and a few additional ones. It was very interesting to learn how and when to use these types of motions as well as when these motions are used during a meeting. I am sure Bea Morris can tell you all about the categories of motions and the few additional ones.

I think the highlight of the workshop for me was the "Contemporary Communication Strategies." The group learned relevant strategies for connecting and communicating using email, telephone and text messages, social media platforms and GoToMeeting. The workshop gave me some answers to questions I had always wondered about in regards to email, text messages and social media platforms. I never realized it was always a good thing to reply to an email even if it is a one word reply. You have to be a savvy person to be part of the 21st century communicators.

I would like to thank Kappa Chapter for giving me this opportunity. It is a very worthwhile endeavor and I strongly suggest you consider attending.

Submitted by: Susan Schuckman



Fall Board

Kappa Snacks project sold at the Fall Executive Board Meeting was successful. We raised \$155! A huge thank you to everyone who donated muffins, cookies, and snack mix! We are already planning for next year in Fredericksburg! President Vicki Newburn presented Marcia Elliot with an IOTA Award for going above and beyond with inspiring our SERC group with beach hats worn by the VA delegation at the convention.



Fundraising...

Belk Charity Day - November 4, 2017 (6 am-10:00 am)

- Each ticket costs \$5, but is good for \$5 off purchase on November 4. Give ticket purchaser a Belk Charity Sale flyer which shows discounts on many designer brands.
- Exception: The Staunton Belk store will extend the sale hours until 1:00 pm on November 4.
- Exception: Rules indicate one ticket per transaction, however, the Staunton store will accept up to 3 tickets per transaction.
- Tickets can be used at other Belk stores, however, the exceptions to rules will not be honored. (Exceptions, if any, are determined by store manager).
- Pre-Sale Days: If purchaser is unable to attend the November 4 event, items may be purchased from October 23-November 4 and picked up after November 4.

Money will go directly to Kappa Chapter's Grant-in-Aid Scholarship fund.

Please try to buy/sell at least 4 or 5 tickets. More would be great 😊. If you need tickets to sell or have any questions, contact Anne (adperdue1@gmail.com).

All money and unsold tickets must be given to Anne Perdue no later than Tuesday, October 24.





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www.iota-state.org

Facebook: search "VA Iota State Delta Kappa Gamma Society International"