

Kappa Kapers

**Kappa Chapter of The Delta Kappa Gamma Society International
Blue Ridge Coordinating Council; IOTA State - Virginia
Organized 1941**

President's Message

It is the season of change. The weather has finally turned cooler, daylight savings time will soon end and the leaves are turning (though where I am the color is very disappointing.) November will bring a change in government.

Change is constant and inevitable. Some changes bring pleasure or progress; some bring sorrow and frustration. Some changes occur so slowly it is hard to see them happen while others are abrupt and unsettling. One can embrace change, resist it, or ignore it. Ignoring change leaves one with no voice in how the change will affect your life. As educators we have an obligation to guide students to understand, evaluate effects and adapt to change.

Delta Kappa Gamma experiences change; the new biennium brings new officers with new ideas and priorities. IOTA State and Kappa chapter undergoes change with each new biennium as well. Members must address these changes and turn them into opportunities to be "forward moving ever".

The November 1 chapter meeting is an excellent opportunity to invite your co-workers and friends to join us. The program about gangs and gang related problems is one all educators will find interesting and informative. There will time before the program for your committee to meet to review plans for the Journey Bag project. I look forward to seeing all of you in Verona.

**October 2016
Volume XXI, Issue 2**

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Dues information:

It was proposed and voted on that our Kappa dues will increase by \$5 for active members. This extra money will remain in our chapter funds to help with projects and scholarships, etc. Since our next Kappa meeting will be after our October 15 deadline for dues, please send Sandy Proctor your \$90 check or cash to *206 Hudson Ave., Staunton, VA 24401* before this deadline. Someone will be sending "gentle" reminders if dues are not received by then. Those who have not paid dues by Nov. 1 will be dropped from membership. Thanks for your understanding!



Upcoming Meeting

Business Meeting & Program

Tuesday, November 1, 2016

Hostesses: Marilyn Long, Chair

Verona Community Center
465 Lee Hwy
Verona, VA 24482
(Rite Aid Shopping Center)

Diann Snyder

Christi Almarode

6:00 PM - Social Hour

6:30 PM - Meeting

Program: Cpl. Philip Wonderley with the Harrisonburg Gang Task Force. He will be talking about gangs in this area and what is being done by law enforcement. Knowing he will be talking to teachers, he will cover what we should look for and what we can do.

Happy Birthday



October

Marcia Elliott - 8

Sarah Nicklas - 11

Margaret Shifflett - 11

Linda Cauley - 20

Erika Kancler - 28

Kristin Quinn - 28

November

Jean Smith - 3

Christi Almarode - 19

Fall Executive Board Meeting in Fredericksburg



Bea Morris, Anne Perdue, Scarlett Kiser, Susan Doughty, Marcia Elliott, Julia Van de Water and Lynne Carson represented Kappa Chapter, conducted society business, enjoyed a delicious luncheon and were even entertained by a “reverse” fashion show.

PSA's

Jim Britt of WSVB and Bea Morris have teamed up to provide public service announcements about educational issues and information in our community or information about DKG itself. We are looking for people to write PSA's and help record them. You can write one and send it to Bea or send her the topic/idea and she will write it. These spots need to be 30 OR 60 seconds in length. We would like to have one a month if possible. The best time to make the recording is between 10 a.m. and noon. Carole Fenn recorded the first one which congratulated two new area teachers for receiving the Virginia Scholars Award. Mary Etta Cornett recorded the second one about back to school and thank a teacher. There are 7 stations in the Harrisonburg Radio Group geared to different age groups and tastes (country, news, etc.), and it will run on all of them from 6 -10 p. m. each day. Jim also does a morning show with Andre Viette on Saturday mornings.



IOTA State DKG Facebook Connections

Members can use two VA- IOTA State DKG Facebook resources as a way to publicize and connect with other members across the state. The first resource is a Facebook **page** that can be found by searching “VA Iota State Delta Kappa Gamma Society International.” This page is open for public viewing and is a tool for connecting non-members and members. For example, if someone wanted more information about Delta Kappa Gamma in the state of Virginia, they might search and find this page on Facebook.

You can follow the postings on this page by clicking on the “Like” button for the page. Because this Facebook page is open to the public, we strive to keep postings professional, relevant, and updated. Chapter members can send photos, announcements, press releases, etc. to their C & P representative for posting to this public Facebook page. Please identify the activity and the people in the photograph so that everyone can understand the context and the event details.

Next, there is a Facebook **group** created for **members only**. This group is not open for public view. Only members of this group can see the information posted to the group. This group is an ideal way to publicize upcoming events that other members from different chapters may be interested in attending. It is also a great way to share programs, activities, service projects, DKG-related information with other members across the state of Virginia.

We frequently post announcements and reminders to this group from state leadership. Also, there is a “files” section of the group where members can find recent Bridge and DIGI Bridge editions, registration forms, etc. Any member of this group can post photos, announcements, press releases, etc. to share with other members.

For additional ideas and tips on how to use social media, please see the Fall and Winter editions of the BRIDGE. Identify chapter members who can assist others with Facebook as a way to make connections in DKG.

As a challenge, we ask you to check your Facebook friends who are DKG members and type their name in the Add to box on the IOTA State Facebook page. We believe this to be an excellent way to connect with Key Women Educators.

TWEET TWEET Twitter

Twitter is not something that should cause us to shake in our boots. Twitter is an excellent resource to connect to social media in a succinct manner. “Tweeting” requires information to be shared in 140-character messages or less. Now THAT is an elevator speech. Only the most valuable information is shared when posting a Tweet. After you choose which users you will follow, you will essentially get the inside scoop to those topics that most interest you.

To Follow, use the @ to find users and groups that interest you: **@DKG_Virginia**

To Link information, use the # and all related content will be connected: **#DKGVA**

As a challenge, we ask you to “Tweet” what DKG means to you and don't forget to include the #DKGVA. We believe this to be an excellent way to connect with Key Women Educators.

Chapter Communications Award

The committee is creating a chapter communication award for launching this fall with the transition to new chapter leadership. Chapter Criteria may include the following:

Each chapter completes the following communications:

1. Has a website and is linked to International
2. Has a social media page with members participating
3. Communicates with members at least 5X annually
4. Maintains communication with members in “digital divide”
5. Displays information board beyond chapter level or community
6. Submits article to state newsletter or C and P newsletter
7. Represents chapter at state fall meeting, conference, or convention
8. Met deadline for submitting this communication award

Other announcements...

Hopefully your committee is working on its Journey Bag. Include one of Margaret Shifflett's beautiful quilts, toiletry items, school supplies, underwear, PJ's and maybe even an outfit or toy. Let Margaret know if you still need a quilt. Specify what age and gender you are catering to.



Pass along any newspaper clippings to Jean Liggett who is heading up the History and Archives Committee.



The community has a new resource:
A Medical Equipment Facility

Health Equipment HELP Loan Program



Vision Statement
"H.E.L.P. is a Christian organization that lends medical goods free of charge to those in the community who need them"

Items in our inventory that may be available at the H.E.L.P. facility:

Durable Medical Equipment

- Standard & Transport Wheelchairs
- Knee walker scooters
- Hospital Beds (by appointment only)
- Bedside Commodes
- Elevated Toilet Seat Risers
- Bath Benches / Shower Seats & stools
- Chair lift Seat
- A variety of walkers & rollators
- Canes and Crutches
- Safety Frames / grab bars
- Nebulizers with tubing
- Over-Bed Tables
- Portable Wheelchair ramps
- Hoyer Lift
- Chair scale for weights
- Electric scooters
- Lung percussor
- Geri- chair recliner
- Rolling shower chair

Assistive Devices

- Grabbers, Sock Assist, leg lifters
- Built up utensils, divided plate
- Chair cushions, wheelchair ramps
- Slings, brace stabilizers, ace wrap
- Toilet safety frames & tub grab bars
- Walker attachments
- Bed rails & leg, & wedge pillows
- Cloth incontinent pads

Free Disposable Accessories

- Briefs & pads, bibs
- O2 and nebulizer Tubing
- Gauze, bandages
- Isolations gowns, masks
- Colostomy & catheter bags

Location:

3925 Churchville Ave.
Churchville, VA 24421
(Entrance is on west side of Churchville Pump Service)

Coorespondence/Mailing

Address/Monetary Donations:

H.E.L.P.
c/o Glossbrenner UMC
P.O. Box 1016
Churchville, VA 24421

Hours of operation:

Tuesday: 9AM - 12 PM
Thursday: 4 PM - 7 PM
Saturday: 10 AM - 2 PM
We follow Augusta Co. School Inclement weather policy during times of bad weather

Phone:

HELP Phone: 540-324-6186

Facebook:

www.facebook.com/HelpHealthEquipmentLoanProgram ("Like" us on Facebook)

Website:

www.MedicalCloset.org

Supporting churches from our Churchville community include:

- Glossbrenner United Methodist Church
- St. James United Methodist Church
- St. Peters Lutheran Church
- Loch Willow Presbyterian Church

We welcome you to visit or worship with any of our supporting churches!

The H.E.L.P Medical Closet

began in 2014 as a way to serve the local community. Research led us to believe that we had both a need and a readily available supply of used durable medical equipment. The gently used pieces were collected from businesses and individuals in the community. A location was found. Volunteers for manning the medical closet stepped up to the task.

Do you have gently used medical equipment or related items in your closet, attic, or basement that is simply taking up space and is no longer needed?

Please consider giving it new use and life by donating it to H.E.L.P. Health Equipment Loan Program.

Much needed items include:

- ◆ Durable Medical equipment
 - Pediatric Equipment, any
 - Bariatric Equipment, any
 - Swivel Seats
 - Transport chairs
 - Lightweight wheelchairs with high backs &/or extended legs
 - Air Purifiers
- ◆ Assistive Devices or disposables
 - Zipper Pulls, Buttoner
 - Long Handled Shoe Horn
 - Divided plates
 - Colostomy supplies
 - X-long twin sheet sets

Frequently Asked Questions

Q. Who can use your medical equipment?

A. There is no age, disability, or residency restrictions to take a loan from our closet. No prescriptions are required.

Q. How does a person go about getting these items from you?

A. Items can be picked up at our physical facility location during the hours posted on the reverse side and can be returned during those hours. Please do not leave the items outside our doors "after hours".

Q. Why do I need to fill out a contract?

A. A signed legal document informs the borrower that all our equipment may be used and releases us of liability for the loan of the equipment.

Q. How long can I keep the equipment?

A. We offer short-term loans for three months or less. If you are through with it before that, please return it so someone else may use it if needed. Occasionally a borrower needs an item for longer. Please contact us to discuss and possibly extend your loan agreement.

Q. Is there a cost?

A. We offer these items to the community at no cost, and we welcome tax-deductible* donations to assist with overhead costs.

*As allowed by law.

Interested in Learning More?

We would be happy to come talk to your civic group, church, or organization to tell you more about the program. We want many people to benefit from this service. See back page for contact information.

A special thanks goes out to our current supporters!

- ◆ Augusta Health Cooperation;
 - Physical & Occupational Therapy
 - Skilled care and joint camp
 - Grant review team
- ◆ Orthopedic Associates
- ◆ Valley Program for Aging Services
- ◆ Highland County Respite Care
- ◆ WHSV-TV3 news
- ◆ Churchville Pump Service
- ◆ Verona Moose Lodge
- ◆ Murphy Deming College of Health Sciences PT/OT students
- ◆ All of our wonderful volunteers!

We cannot accept or loan these items:

- Medications & Syringes
- Bedpans & Urinals
- Walking boots or shoes
- Equipment requiring a prescription or a medical specialist to supervise ie CPAP/ BiPap machines

Kappa Chapter 2016-2017 Programs

Date - Time - Place	Program Committee in Charge	
<p>November 1, 2016</p> <p>Place: Verona Community Center Time: 6:00 p.m. 465 Lee Hwy, Verona, VA 24482 (Rite Aid Shopping Center)</p>	<p>Legislative/Rules Committee Membership Committee</p> <p>Speaker: Cpl. Philip Wonderley Harrisonburg Gang Task Force Suggestions for Membership</p>	
<p>December 6, 2016</p> <p>Place: Wilson Middle School Library Time: 6:00 p.m. 232 Hornet Road, Fishersville, VA 22939</p>	<p>The Foster Care System</p> <p>Speakers: Nicole Ocheltree, Sarah Nicklas Journey Bag Assembly</p>	<p>Yearbook Committee</p>
<p>December 10, 2016</p> <p>Stonewall Jackson Hotel Time: 8:00-11:30 am 24 S. Market St. Staunton, VA 24401</p>	<p>MaDee Project-Breakfast with Santa</p>	
<p>January 28, 2017</p> <p>Place: Third Presbyterian Church Time: 10:00 am 1313 Barterbrook Rd. Staunton, VA 24401</p>	<p>Birthday Brunch</p> <p>IOTA President Linda Hall Invite prospective members Orientation/Reorientation</p>	<p>Membership Committee</p>
<p>March 14, 2017</p> <p>Place: Stewart Middle School Time: 6:00 p.m. 118 Fort Defiance Rd, Fort Defiance, VA 24437</p>	<p>March Madness Auction</p> <p>STEM Classroom-Bess Trainium, Heidi Whitecotton</p>	<p>Finance/Grant-in-Aid</p>
<p>May 2, 2017</p> <p>Third Presbyterian Church Time 6:00 1313 Barterbrook Rd. Staunton, VA 24401</p>	<p>Initiation</p> <p>Grant in Aid Award</p> <p>Friend of Education Award</p>	<p>Membership Committee</p> <p>Finance Committee</p> <p>Publicity/ Communications</p>
<p>September 12, 2017</p> <p>Place: TBD Time: 6:00 p.m.</p>	<p>Business Meeting</p> <p>Committees Meet</p>	



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IOTA State is on Twitter #DKGVA

Chapter web site address

www.iotakappachapter.weebly.com

IOTA State web site:

www.iota-state.org

Facebook: search "VA Iota State Delta Kappa Gamma Society International"